

Date __ / __ / __



New (to you) clothes – tell us about your new clothes!

What clothing have you acquired? _____

Where did you get it? _____

Where has it come from? _____

What does it make you think about? _____

How does it make you feel? _____

Will you do anything differently next time you need clothes? _____

Please do use the blank pages of your scrapbook to add pictures to this reflection!

You can draw, collage, add photos or scraps of material – anything goes!

Date __ / __ / __



Making and mending clothes – what's your latest project?

What item are you making or mending? _____

What inspired you? _____

What materials are you using? _____

Where did you learn this making or mending technique? _____

What does mending and making your clothes make you think about? _____

How does it make you feel? _____

Does making and mending clothes make you do anything different with your clothes?

Please do use the blank pages of your scrapbook to add pictures to this reflection!

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Date __ / __ / __



Today's outfit – what are you wearing today?

What are you wearing today? _____

Where did you get it? _____

Have you made or mended it? _____

What does this outfit make you think about? _____

How does it make you feel? _____

Does your clothing change how you act or behave? _____

Please do use the blank pages of your scrapbook to add pictures to this reflection!

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Date __ / __ / __



Workshop reflections

Which workshop are you reflecting on? _____

What did you learn at this workshop? _____

Did it remind you of your own clothing and if so, how? _____

What did it make you think about? _____

How did it make you feel? _____

Will you do anything differently because of what you learned? _____

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